



# Learning Overview

	Week One	Week Two	Week Three
Day 1	<ul style="list-style-type: none"><li>• What's the Sound?</li><li>• Write the CVC Words</li><li>• Hundred's Chart</li><li>• Addition and Subtraction</li></ul>	<ul style="list-style-type: none"><li>• Reading Comprehension</li><li>• Digraph Search</li><li>• Ten Less and Ten More</li><li>• Sides and Corners</li></ul>	<ul style="list-style-type: none"><li>• Sentence Repair</li><li>• Color by Sight Word</li><li>• Backward Counting</li><li>• Counting by 2's</li></ul>
Day 2	<ul style="list-style-type: none"><li>• Sorting Noun Types</li><li>• Compound Words</li><li>• Number Order</li><li>• Addition to 20</li></ul>	<ul style="list-style-type: none"><li>• Color by Syllables</li><li>• Verb Sort</li><li>• Fraction Sort</li><li>• Graph the Shapes</li></ul>	<ul style="list-style-type: none"><li>• Short Vowel or Long Vowel</li><li>• Reading Comprehension</li><li>• Missing Addends</li><li>• Subtraction Word Problems</li></ul>
Day 3	<ul style="list-style-type: none"><li>• Plural Words</li><li>• Reading Comprehension</li><li>• Skip Counting by 5's</li><li>• What Comes Next?</li></ul>	<ul style="list-style-type: none"><li>• Blend Match</li><li>• The Best Dessert Ever</li><li>• Adding 3 Numbers</li><li>• Comparing Numbers</li></ul>	<ul style="list-style-type: none"><li>• If I Were a Superhero..</li><li>• Find a Word</li><li>• Measurement Hunt</li><li>• Fraction Fun</li></ul>
Day 4	<ul style="list-style-type: none"><li>• Sentence Punctuation</li><li>• Add an Adjective</li><li>• Base Ten Blocks</li><li>• Subtraction to 20</li></ul>	<ul style="list-style-type: none"><li>• Reading Comprehension</li><li>• Synonym Match</li><li>• Write the Time</li><li>• Tens and Ones</li></ul>	<ul style="list-style-type: none"><li>• Make a Silly Sentence</li><li>• Noun, Adjective or Verb</li><li>• Zoo Animal Graph</li><li>• Shape Monster</li></ul>
Day 5	<ul style="list-style-type: none"><li>• Book Review</li><li>• Secret Long Vowel Words</li><li>• Spin and Count On</li><li>• Addition Word Problems</li></ul>	<ul style="list-style-type: none"><li>• Bossy E Words</li><li>• Digraph Sentences</li><li>• Gumball Addition</li><li>• Missing Numbers</li></ul>	<ul style="list-style-type: none"><li>• Reading Comprehension</li><li>• Contractions</li><li>• Count and Tally</li><li>• Addition and Subtraction Challenge</li></ul>

# First Grade Helper

## Numbers to 120

1	2	3	4	5	6	7
11	12	13	14	15	16	17
21	22	23	24	25	26	27
31	32	33	34	35	36	37
41	42	43	44	45	46	47
51	52	53	54	55	56	57
61	62	63	64	65	66	67
71	72	73	74	75	76	77
81	82	83	84	85	86	87
91	92	93	94	95	96	97
101	102	103	104	105	106	107
111	112	113	114	115	116	117

## Sight Words

after	again	an	any	as
fly	from	give	going	had
how	just	know	let	live
open	over	put	round	sorry
then	think	walk	were	wh

# First Grade Helper Sheet

## The Alphabet

Aa	Bb	Cc	Dd	Ee	Ff	Gg	Hh	Ii
Jj	Kk	Ll	Mm	Nn	Oo	Pp	Qq	Rr
Ss	Tt	Uu	Vv	Ww	Xx	Yy	Zz	

## Digraphs

ch	sh	th
----	----	----

## Blends

bl	cl	fl	gl	pl	sl	br	cr	dr	fr
gr	pr	tr	sc	sk	sm	sn	sp	st	sw

Worksheet	Extension Ideas
Watch	On a blank sheet of paper, have the student spell the words.
# Dessert Ever	Encourage the student to add detail to their reasons and provide examples.
3 numbers	Provide the student with three 2 digit numbers to add together. Eg 12+13+14. Repeat this several times.
aring Numbers	On a blank sheet of paper, provide the student with two 3 digit numbers to compare.
ing Comprehension	Ask the student the following questions: - What is your favorite thing to do at the beach? - Can Dan swim? How do you know? - Do you think Dan's sister is younger or older than him? How do you know?
onym Match	Have the student choose 5 synonyms and write a sentence using each one.
rite the Time	Ask the student questions such as: - Which clock do you think shows breakfast time? - Which clock do you think shows dinner time?
ns and Ones	Provide students with several 3 digit numbers and have them split the numbers into hundreds, tens and one.
ossy E Words	Have the student search through a book or magazine and look for other bossy e words.
Digraph Sentences	Have the student search through a book or magazine and search for other digraph words such as ch, sh, th, wh, ph.
Gumball Addition	Ask the student to 'flip' the addition questions to turn them into subtraction questions. For example, 13+4=17 becomes 17-4=13.
Missing Numbers	Provide the student with a 3 or 4 digit number and ask them what comes before or after. Repeat this several times.
Sentence Repair	Have the student circle all the long vowel words.
Color by Sight Word	Have the student search through a book or magazine and see how many times they can find the sight words.
Backward Counting	Add a 1 in front of each number. For example, 17 becomes 117.
Counting by 2's	Have the student verbally skip count by 2's from random numbers such as 56, 37 or 124.

# Includes extension options

Worksheet	Extension Ideas
What's the Sound?	Ask the student whether they can identify any words that begin or end with sh, ch or th.
Write the CVC Words	Have the student sort the CVC words by their middle vowel sound or into alphabetical order.
Hundreds Chart	Have the student count on from a hundred or a thousand.
Addition and Subtraction	Provide the student with additional questions such as 15+3= or 25-22=
Sorting Noun Types	Have the student brainstorm additional people, places or things. You can also ask the student to choose an adjective to describe each of the nouns.
Compound Words	Have the student look through a book or magazine and see if they can find any other compound words. You can also have the student write some sentences using the compound word.
Number Order	Provide the students with 5 three-digit numbers to order from smallest to greatest. For example 256, 132, 149, 162, 338.
Addition to 20	On a blank sheet of paper, provide the student with harder addition questions such as 24+32=
Plural Words	Have the student change the following words into plurals: (es) - watch, beach, glass, couch, class, fox, box (ies) - thief, loaf, shelf, leaf, wife, life, elf (ies) - cry, fly, lady, city, story, berry, nappy, family
Reading Comprehension	Ask the student the following questions: - What would you buy Jack for his birthday? - What games might they play? - What would be your dream birthday party?
Skip Counting by 5's	Rather than having students skip count from 5 to 100 in the bottom section, have them start from a higher number such as 455 or from a random number such as 12. You can also have them skip count by 2's or 3's verbally.
What Comes Next?	Add an additional digit to the beginning of each number. For example, 43 becomes 143 or 243.
Sentence Punctuation	Have the student write their own sentences that end in periods, question marks and exclamation marks.

Worksheet	Extension Ideas
heet	Ask the student to brainstorm more short & long
ong Vowel	Ask the student to brainstorm more short & long
hension	Ask the student the following questions: - What sort of vegetables might be growing in t - What other insects might be living in the gard - What other meals might grandma be able to n vegetables in the garden?
d Problems	Ask the student to 'flip' the addition questions to subtraction questions. For example, 6+6=12 becom
erhero...	Have the student write their own subtraction wc
erhero...	Encourage the student to add detail to each para provide examples.
erhero...	Have the student use each of the words in a ser
int	Provide the student with a ruler and have them i objects around the house in inches or centimete also have them estimate before measuring.
int	In the fourths section, have the student color 2/
tence	Have the student write their own silly sentences
or Verb	Ask the student to brainstorm more examples of adjectives or verbs.
sh	Ask the student additional questions such as: - How many more tigers are there than elephar - What other animals might be at the zoo? - How many animals are at the zoo altogether?
sh	Have the student create a robot out of the shap
hension	Ask the student the following questions: - What season do you think it is? - What else might Carmen bring to keep warm? - What else can Carmen do at the snow?
hension	Have the student search through a book for othe contractions. Help them to expand them.
hension	Read aloud various 2 digit numbers and have the them in tally form.
traction	Provide the student with additional questions such as 12+12=

Worksheet	Extension Ideas
Add an Adjective	Ask the student to go on an 'ADJECTIVE HUNT'. Have them search through a book or magazine and list any adjectives that they can find.
Base Ten Blocks	On a blank page, have the student draw blocks to represent these numbers: 43, 61, 28, 47, 91, 86 or 342, 679, 248, 321, 187
Subtraction to 20	On a blank sheet of paper, provide the student with harder subtraction questions such as 48-22=
Book Review	Have the student respond to the following question: Who do you know that would like this book? Why would they like it?
Secret Long Vowel Words	Ask the student to use each of the words in a sentence. You can also ask them to think of any words that rhyme with the secret words.
Spin and Count On	Rather than spinning a 2 digit number, spin a 3 or 4 digit number and have the student count on from that number.
Addition Word Problems	Have the student write their own addition word problem.
Reading Comprehension	Ask the student the following questions: - Why would Amy be disappointed that she couldn't go fishing? - When have you ever been disappointed? - Have you ever been fishing or would you like to go fishing?
Digraph Search	Ask the student to spell all the digraph words they have found.
Ten Less and Ten More	Provide the student with larger numbers such as 435.
Sides and Corners	Have the student go on a 'SHAPE HUNT' where they search their home for objects that have the same shape as these shapes.
Color by Syllables	Point to objects in the room and have the student identify how many syllables it has. You can also ask the student to identify a word that has 1, 2, 3 or 4 syllables.
Verb Sort	Ask the student to brainstorm other verbs.
Fraction Sort	Draw a circle, square and rectangle and have the student cut the shape into thirds, fifths or sixths.
Graph the Shapes	Ask the student questions about the graph such as: - Which shape is there most of? - Which shape is there least of? - How many more squares are there than hearts?

Challenge



Name: \_\_\_\_\_

### Compound Words

Build the compound words by pasting the word parts under each picture.

Name: \_\_\_\_\_

### Sentence Punctuation

Add a period, question mark or exclamation mark to the sentences.

- The bus took me to school
- I had ice-cream for dessert
- Are you going to the party
- I'm so scared
- She has a pretty, pink flower
- What is your name
- Do you have a pencil
- The monster ate a cookie
- How are you today
- Max, don't touch that
- Dad went to the store
- Where is my hat

Name: \_\_\_\_\_

### Reading Comprehension

Read the passage 3 times and then answer the questions.

Jack is very excited because it is his birthday tomorrow. He is turning seven. His mom has baked him a chocolate cake and some strawberry cupcakes. Jack's friends are coming to his party. They are going to play games, sing songs and help him open all of his presents.

- Why is Jack excited?
- What did Jack's mom bake for him?
- Who is coming to Jack's party?
- What are they going to do at Jack's party?
- Who is going to help Jack open his presents?

Name: \_\_\_\_\_

### Write the CVC Words

Spell the CVC words.

Name: \_\_\_\_\_

### If I Were a Superhero...

First, \_\_\_\_\_

Then, \_\_\_\_\_

Next, \_\_\_\_\_

Last, \_\_\_\_\_

Name: \_\_\_\_\_

### Color By Sight Word

Color the picture using the sight words.

purple them blue put green from  
pink some orange were yellow give

Name: \_\_\_\_\_

### Add an Adjective

Write a sentence to describe each picture using an adjective.

Name: \_\_\_\_\_

### Find a Word

Find the word in the grid.

shop three

cheese shark

thumb chalk

sheep shell

t	h	u	m	b	s
c	h	a	i	r	t
w	s	n	s	c	h
p	a	t	h	e	r
c	h	z	e	b	g
h	s	h	e	c	e
e	q	i	p	a	x
e	m	c	j	s	r
s	s	h	e	l	l
e	h	e	b	f	o
d	s	h	a	r	k
s	c	h	a	i	k

Name: \_\_\_\_\_

### Count and Tally

Count and tally the sea objects.

Name: \_\_\_\_\_

### Plural Words

Rewrite the words in plural form.

ball	duck	cloud	cat	turtle
penguin	star	apple	bat	glove

Name: \_\_\_\_\_

### Base Ten Blocks

Count the base ten blocks and write the matching number in the box.

	<input type="text"/>		<input type="text"/>
	<input type="text"/>		<input type="text"/>
	<input type="text"/>		<input type="text"/>

52  
27  
60  
44  
55  
35  
68

Name: \_\_\_\_\_

### Spin and Count On

Spin the spinner twice using a pencil and paperclip. Write the numbers down on the first line to create a 2 digit number. Then, count on from that number.

52

Name: \_\_\_\_\_

### Counting by 2's

Count by 2's to 40 to help the boy reach the end of the maze.

2	4	6	8	9	26	
6	12	18	10	4	10	
19	18	16	14	12	35	28
24	20	30	2	17	24	26
23	22	18	12	33	40	38
32	24	26	28	30	32	34
24	22	30	27	36	31	36

Name: \_\_\_\_\_

### Digraph Sentences

Use the words in the word bank to complete the sentences.

sheep chair three cheese  
ship tooth shell shoes

- The man went on a \_\_\_\_\_.
- My sister is \_\_\_\_\_ years old.
- I found a \_\_\_\_\_ in the sand.
- Can you see the \_\_\_\_\_?
- My \_\_\_\_\_ fell out today.
- The mouse likes to eat \_\_\_\_\_.

Name: \_\_\_\_\_

### Number Order

Rewrite the numbers in order from smallest to greatest.

12 20 17 15 8	23 22 24 29 25
36 26 46 16 56	96 28 81 43 62
20 80 52 40 67	50 30 75 40 15
83 98 56 77 39	55 44 66 33 77
60 64 66 62 68	90 85 80 95 75

Name: \_\_\_\_\_

### Missing Numbers

Fill in the missing numbers.

15	16		18		20		23	
38		40	41		44		46	
	26	27		30		32		
40			43		45	46		
57	58		60	61			64	65
	81	82			85			88

Name: \_\_\_\_\_

### Shape Monster

Create a monster using the 2D shapes.

Color the shapes that you used:

Name: \_\_\_\_\_

### Bossy E Words

Match the bossy e words to the pictures.

bone	dice	kite	lake
cave	rake	cone	bite
tube	lime	bone	tube
bike	skate	dice	kite
tape	robe	cape	rose
cube	bone	tube	lime
rake	cone	bite	cave
kite	lake	rope	rope

Name: \_\_\_\_\_

### Synonym Match

Match the synonyms to each other.

little	cold		
angry	fast		
tired	scary		
big	clean		
happy	rock		
laugh	sad		
sick	kind		

giggle sleepy glad nice  
upset chilly small quick spooky  
tidy large stone ill mad

Name: \_\_\_\_\_

### Skip Counting by 5's

Paste the balloons in order to skip count by 5's.


Starting from 5, count by 5's until you reach 100.

65	40
35	15
55	80
90	25
5	75
100	50
20	70
95	10
30	60
85	45

Name: \_\_\_\_\_

### Comparing Numbers

Paste the symbols to compare the numbers.


25	18	40	30
21	34	55	45
50	50	29	63
38	42	51	15
76	79	67	65
39	93	81	81

Name: \_\_\_\_\_

### Reading Comprehension

Read the passage 3 times and then answer the questions.

Amy loves going fishing with her dad. They take their boat to the lake every weekend and spend many hours trying to catch fish. The most fish they have ever caught is ten. Amy is sad because it is raining this weekend and they can't go fishing. Amy will ask her dad to go somewhere else instead.



- Who does Amy go fishing with?
- Where do Amy and her dad go fishing?
- What is the most fish that Amy has caught?

Name: \_\_\_\_\_

### Addition to 20




Paste the answers to the addition sums to 20.

2+2=	5+1=	3+4=
3+3=	6+3=	8+2=
4+5=	7+4=	5+5=
5+7=	8+6=	9+6=
6+6=	9+8=	3+0=
7+9=	8+7=	9+9=

Name: \_\_\_\_\_

### Sorting Noun Types

Sort the nouns by whether they are a person, place or thing.


Person	Place	Thing
		

Name: \_\_\_\_\_

### Ten Less and Ten More

Write the number that is ten less and ten more than each number.

32	24	51
65	14	46
87	16	20
54	79	83
75	38	15
86	27	21
50	58	
73	90	



Name: \_\_\_\_\_

### Addition Word Problems

Draw pictures to help you solve the addition word problems.

**Read It:** Ben saw 3 buses and Amy saw 5 buses. How many buses did they see altogether?

**Draw It:** \_\_\_\_\_

**Answer It:** \_\_\_\_\_

**Read It:** I had 9 jellybeans and then my sister gave me 2 more. How many jellybeans do I have now?

**Draw It:** \_\_\_\_\_

**Answer It:** \_\_\_\_\_

**Read It:** Meg has 7 blue hats and 6 red hats. How many hats does she have altogether?

**Draw It:** \_\_\_\_\_

**Answer It:** \_\_\_\_\_

**Read It:** We had 9 cookies and then mom baked another 8 cookies. How many cookies do we have now?

























**Draw It:** \_\_\_\_\_

**Answer It:** \_\_\_\_\_

Name: \_\_\_\_\_

### Short Vowel or Long Vowel?

Color the short vowel words yellow and the long vowel words blue.

 pig	 bone	 sun
 glue	 cat	 key
 mat	 hat	 cube
 tree	 snake	 bed
 cup	 bug	 pin
 note	 pie	 sheep
 log	 run	 soap
 bike	 bat	 pot

Name: \_\_\_\_\_

### Addition and Subtraction

Write the answers to the addition and subtraction questions.

3+2=	6+1=	4-2=	2-1=
2+1=	5+2=	5-4=	6-2=
4+3=	7+3=	8-5=	7-1=
1+5=	3+3=	9-3=	6-3=
4+4=	6+2=	8-1=	9-2=

Name: \_\_\_\_\_

### Sentence Repair

Rewrite the sentences by fixing the punctuation and spelling.

a rat is in my bag \_\_\_\_\_

my little dog likes to play \_\_\_\_\_

can we go too the zoo \_\_\_\_\_


dad tuk me to the park \_\_\_\_\_

she is goin to buy a fish \_\_\_\_\_

are you comin to the party \_\_\_\_\_

i can sea a bug in the tree \_\_\_\_\_



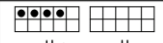
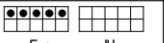






The gurl ate sum cake \_\_\_\_\_



Name: \_\_\_\_\_

### Missing Addends

Use the Ten Frames to help you work out the missing addends.


 6 + ____ = 12	 7 + ____ = 15
 4 + ____ = 11	 5 + ____ = 14
 8 + ____ = 13	 8 + ____ = 16
 9 + ____ = 12	 6 + ____ = 13
 8 + ____ = 15	 5 + ____ = 15

Name: \_\_\_\_\_

### Reading Comprehension

Read the passage 3 times and then answer the questions.

Carmen is going on a snow trip with her school. She is bringing her yellow scarf to keep her warm. Carmen is excited to build a snowman with her friends. She also wants to learn how to ski but she is worried that it is going to be too hard.



- Who is taking Carmen on a snow trip?
- What is Carmen bringing?
- Who is Carmen going to build a snowman with?

Name: \_\_\_\_\_

### The Best Dessert Ever!

The best dessert ever is \_\_\_\_\_

Reason 1: \_\_\_\_\_

Reason 2: \_\_\_\_\_

Reason 3: \_\_\_\_\_




Name: \_\_\_\_\_

### Contractions

Match the contractions to their expanded forms.

do not	it is
we are	can not
I am	who is
did not	will not
are not	she will
I have	they are
is not	does not

Name: \_\_\_\_\_

### Gumball Addition













Write the answers to the addition questions.

13+4=	12+2=
10+5=	13+3=
16+2=	10+6=
11+3=	11+7=
14+4=	12+5=
10+8=	10+9=

Name: \_\_\_\_\_

### Fraction Fun

Cut the shapes into halves and fourths and then color one part of each shape.







Color one half

Color one fourth

Name: \_\_\_\_\_

### Measurement Hunt

Go on a measurement hunt around your home to find something longer and shorter than these objects.

Shorter	Object	Longer
<input type="checkbox"/>		<input type="checkbox"/>
<input type="checkbox"/>		<input type="checkbox"/>
<input type="checkbox"/>		<input type="checkbox"/>
<input type="checkbox"/>		<input type="checkbox"/>
<input type="checkbox"/>		<input type="checkbox"/>
<input type="checkbox"/>		<input type="checkbox"/>

Name: \_\_\_\_\_

### Reading Comprehension

Read the passage 3 times and then answer the questions.

My grandpa has a large garden. There are lots of vegetables growing in his garden and sometimes we find little snails in there too. The snails like to eat the leaves in the garden. I enjoy helping my grandpa pick the tomatoes. My grandma uses the tomatoes to make tomato soup. I love eating tomato soup.



- What is growing in grandpa's garden?
- What animal do they find in the garden?
- Who eats the leaves from the garden?
- What vegetables do they pick from the garden?
- Who makes tomato soup?

Name: \_\_\_\_\_

### Addition and Subtraction Challenge

Write the answers to the addition and subtraction questions.

16	42	55	28	39
+10	+10	+10	+10	+10
34	76	25	46	80
+10	+10	+10	+10	+10
32	58	55	71	96
-10	-10	-10	-10	-10
84	77	30	49	90
-10	-10	-10	-10	-10

Name: \_\_\_\_\_

### Subtraction Word Problems

Draw pictures to help you solve the subtraction word problems.

**Read It:** The farmer had 6 cows but then 3 ran away. How many cows does the farmer have left?

**Draw It:** \_\_\_\_\_

**Answer It:** \_\_\_\_\_

**Read It:** There are 9 slices of pizza. We ate 7 slices. How many slices do we have left?

**Draw It:** \_\_\_\_\_

**Answer It:** \_\_\_\_\_

**Read It:** The pet store has 15 fish for sale. 5 of the fish are sold. How many fish does the pet store have left?

**Draw It:** \_\_\_\_\_

**Answer It:** \_\_\_\_\_

**Read It:** I had 18 pieces of candy but then I gave 11 pieces to my sister. How much candy do I have left?

**Draw It:** \_\_\_\_\_

**Answer It:** \_\_\_\_\_

Name: \_\_\_\_\_

### Tens and Ones

Match the numbers to the Tens and ones.

2 tens	4 tens
5 ones	2 ones
3 tens	1 ten
7 ones	0 ones
2 tens	9 tens
6 ones	4 ones
5 tens	6 tens
8 ones	7 ones
7 tens	8 tens
1 one	5 ones
6 tens	9 tens
0 ones	9 ones
4 tens	3 tens
9 ones	5 ones

35
26
67
71
42
94
25
99
60
49
37
10
58
85